



help and hope for our community's homeless children



2010 Food Drive Grocery Wish List For Homeless Children

Grocery Items: **4's Class**

- o peanut butter
- o boxed meals, mac & cheese, helpers, rice mixes
- o boxed cereal – Cheerios, etc
- o oatmeal
- o grits
- o canned fruit
- o apple sauce
- o raisins
- o canned vegetables
- o canned tuna, chicken & other meats
- o canned soups
- o canned pasta
- o canned stews
- o flour
- o flour-based mixes, brownies, cake,
- o muffin, pancake, waffle
- o sugar
- o pasta
- o jarred or canned pasta sauce

Grocery Items: **3's Class**

- o rice
- o canned or bottle juices – 100%
- o milks, condensed, powdered, powdered creamer
- o jams, jellies
- o ketchup, mustard, relish, mayo
- o honey
- o BBQ sauce
- o pickles
- o pancake syrup
- o cooking oil
- o canned or bagged beans
- o popcorn
- o cookies
- o crackers
- o graham crackers
- o granola bars
- o fruit roll-ups – 100%
- o cocoa, tea bags, coffee

Baby Food: **MMO Class**

- o jarred baby food, vegetables,
- o fruit, meats- all stages
- o baby cereal
- o teething cookies

Thanksgiving Dinner Menu Items: **2's Class**

- o grocery gift cards for turkeys*
- o canned sweet potatoes
- o canned vegetables
- o instant mashed potatoes
- o canned or packaged fruit
- o natural
- o canned cranberry sauce
- o canned, jarred turkey gravy
- o boxed or pouch stuffing mix

*As we have limited cold storage, gift cards work best. We will be delighted to accept frozen turkeys as well.

Note: Poor nutrition is one of the biggest challenges a homeless child faces often leading to physical and mental developmental delays and poor over-all health.

So whether you're donating one nutritious item or your group is filling our entire wish list, you're making an important difference in these kid's lives. Thank you.

We need all food donations by Nov. 18th.

For more info, email Cliff Kinsey at Cliff.Kinsey@childrn.org or call 770-649-7117.

